

What to bring for Sea Kayaking

Please come with casual clothes which you wouldn't mind getting dirty or wet.

* Clothes made nylon are better. Try to avoid cotton clothes.

【MUST TO BRING】

- Rain gear or waterproof top and bottoms
 - *If you don't have gear, you can get them at stores.
 - For example, HOME'S or D2 or Cains home.
- A change of clothes (For after kayaking)
- Towels(For after kayaking. There is a shower booth)
- A bottle of water or isotonic sports drink

【If you have these things below, please bring them.】

- Insurance card copy (If you have it, bring it just in case)
- Marine shoes(If you have your own. We have rental shoes for participants)
- Hat or cap
- Sunscreen
- Sunglasses
- Dry bag(If you want to bring your wallet or phone to the sea with you)
- Motion sickness medicine



Rental products

Gloves, life jacket, marine shoes are included in the participation fee.